

FBC MOORE KARATE ACADEMY

CLASS RULES

1. WHILE ON THE FLOOR, A BLACK OR BROWN BELT MUST ALWAYS BE RESPECTFULLY ADDRESSED AS "MR.," MISS," OR "MRS.," REGARDLESS OF AGE.
2. DO NOT WEAR JEWELRY OF ANY KIND, OTHER THAN WEDDING RINGS, DURING CLASS.
3. WHEN BOWING IN, AN ATTITUDE OF RESPECT AND SILENCE SHOULD BE OBSERVED. CLEAR YOUR MIND FOR WHAT YOU ARE ABOUT TO ACCOMPLISH.
4. NEVER ASK A BLACK OR BROWN BELT TO SPAR UNLESS THE PERSON ASKING IS A BLACK OR BROWN BELT. HOWEVER, A BLACK BELT OR BROWN BELT MAY BE ASKED TO DEMONSTRATE A TECHNIQUE.
5. USE OF PROFANITY DURING CLASS MEANS IMMEDIATE DISMISSAL. NO SECOND CHANCE.
6. IF A STUDENT MISSES BOWING IN AT THE BEGINNING OF CLASS HE MUST APPROACH THE WORKOUT AREA AND REMAIN AT ATTENTION UNTIL THE CLASS INSTRUCTOR OR A BLACK BELT BOWS HIM INTO THE CLASS. AFTER CLASS HE MAY NOT BOW OUT WITH THE REST OF THE CLASS. HE MUST BOW OFF THE FLOOR SEPARATELY AT THE END OF CLASS.
7. ONLY STUDENTS ENTITLED TO WEAR A BROWN OR BLACK BELT MAY WEAR A BLACK GI. OTHER STUDENTS MUST WEAR A WHITE TRADITIONAL TAE KWON DO GI. WHEN BEING TESTED, ALL STUDENTS, REGARDLESS OF RANK, MUST WEAR WHITE.
8. DISPLAYS OF ANGER ARE NOT PERMITTED. STUDENTS DISPLAYING ANGER WILL BOW OFF THE FLOOR AND BE GIVEN A FEW MINUTES TO CONSIDER THEIR ATTITUDE BEFORE RETURNING TO CLASS. ADDITIONAL DISPLAYS OF ANGER MAY RESULT IN THE STUDENT BEING TOLD TO LEAVE THAT DAY'S CLASS. HE MAY RETURN ON THE NEXT CLASS PERIOD, BUT FURTHER DISPLAYS OF ANGER MAY RESULT IN THE STUDENT BEING PERMANENTLY DISMISSED.
9. DISPLAYS OF DISRESPECT TOWARDS FELLOW STUDENTS OR INSTRUCTORS WILL BE HANDLED THE SAME AS DISPLAYS OF ANGER.

10. A PRAYER WILL BE OFFERED BY A STUDENT BEFORE THE CLASS BOWS IN. EVERYONE IS EXPECTED TO PARTICIPATE IN TURN.
11. EACH STUDENT SHOULD USE HIS BEST EFFORTS DURING TRAINING. TO DO LESS IS A WASTE OF THE **STUDENT'S TIME**.
12. EACH STUDENT SHOULD USE HIS BEST EFFORTS DURING TRAINING. TO DO LESS IS A WASTE OF HIS **INSTRUCTOR'S TIME**.
13. NO FOOD, DRINK, OR GUM IS PERMITTED ON THE FLOOR WHILE THE CLASS IS IN SESSION. **NEVER** ON THE MATS.
14. BEGINNING AT THEIR THIRD CLASS EACH STUDENT MUST WEAR A TRADITIONAL TAE KWON DO GI AND BELT DURING CLASSES.
15. BELT TESTS WILL BE HELD AFTER THE HEAD INSTRUCTOR FEELS THAT THE STUDENTS HAVE DEMONSTRATED THEIR ABILITY TO MEET THE BELT REQUIREMENTS, **NOT IN ANY SPECIFIC PERIOD OF TIME**. A ZERO SCORE ON A PART OF A TEST IS AN AUTOMATIC DENIAL OF PROMOTION. MORE THAN ONE "1" ON A TEST IS A DENIAL OF PROMOTION. MORE THEN TWO "2's" ON A TEST IS A DENIAL OF PROMOTION.
16. BROWN BELTS WILL BE REQUIRED TO ASSIST IN TEACHING AS A PART OF THEIR BELT TEST REQUIREMENTS AND WILL SIT ON TESTING BOARDS FOR LOWER RANKS AS PART OF THEIR TRAINING. ALL MEMBERS OF A TESTING BOARD WILL WEAR A BLACK GI WHILE SEATED ON THE TESTING BOARD.
17. FREE STYLE SPARRING AS A REQUIREMENT OF THE BELT TEST BEGINS AFTER THE ORANGE BELT TEST. CONTROLLED LIGHT SPARRING IS A PART OF THE GOLD BELT TRAINING. PURCHASE SPARRING GEAR IMMEDIATELY AFTER THE GOLD BELT TEST.